

Little is huge.



If you missed this message by Tasha Schuh,
the audio is available online at:
www.jacobswellec.org/MessageResources.



In your journal, begin a GRATITUDE LIST. End your time each day by adding a few items to your list. **Ask** God to open your eyes each day to recognize your blessings. No matter the circumstances we face, we can be grateful for many things!

DAY 1

Tasha shared how the last step she ever took - a step backward into a trapdoor - left her paralyzed. That trapdoor was unforeseen, came out of nowhere, and changed her life forever. What's your **trapdoor**? A health problem? Fear? Disappointment? A failure or sudden loss you never saw coming? Perhaps you had a plan but something happened which changed everything. All of us experience something which takes us by surprise and isn't part of our plan. When that happens everything changes. In your journal, **Describe** your trapdoor. What thoughts/emotions come to mind when you think about it? Have you allowed your trapdoor to take centerstage in your story?

Read Joshua 1:9.

Pray: Father, I confess that, at times in my story, I've let my trapdoor take centerstage. Open my eyes to see how You're moving in my life despite AND in light of my trapdoor. Help me be strong and courageous, for I know You are with me wherever I go.

Add three items to your GRATITUDE LIST.

DAY 2

WHY? Sometimes it's easy to get caught up in that one simple word. **WHY** did this happen? **WHY** me? **WHY** us? Focusing on **WHY** something happens can never bring resolution or healing. Do you agree or disagree? **Explain.** When you think about your trapdoor, do you focus on lost opportunities or a new and different future?

"I had mediocre goals before my accident.
My dreams now are so much bigger." ~ Tasha

Read Jeremiah 29:11

Pray: Father, I know in my heart that the plans you have for me are for good and not disaster. Holy Spirit, help me focus on my future. Open my eyes to see the new opportunities in my life because of my trapdoor.
Add three items to your GRATITUDE LIST.

DAY 3

"Attitude is a choice I make every day. I wake up and decide:
I can whine and complain about my circumstances,
or I can confront each day for what it truly is – a gift from God." ~ Tasha
What was your immediate attitude when everything changed because of your trapdoor? What's your current attitude about it? Are you angry or frustrated? How do you feel about the notion of being thankful in spite of your trapdoor? Do you believe it's achievable? Or is that kind of gratitude unfathomable?

Read 1 Thessalonians 5:18.

Pray: Father, I know I should be thankful in all circumstances, but when I think about my trapdoor it's so difficult to feel Your presence.
Open my eyes to see You how you move in my life.
Add three items to your GRATITUDE LIST.

DAY 4

"We all must press on after discovering our trapdoors." ~ Tasha
Was hopelessness the initial reaction to your trapdoor? Thoughts like, "Things will never be normal again," "How can I ever be happy again?" It's easy to let questions and fears like these overcome you. You feel the waters rising and look for something to grab hold of.
Read John 16:33. This verse promises two things:

1. You will face troubles in this world.
 2. In spite of those troubles, you can have hope, because Jesus has overcome the world.
- Pray:** Jesus, thank You for overcoming the world.

Help me remember that because of your triumph, I can have hope.
Remind me of this especially during those times I feel hopeless.
Add three items to your GRATITUDE LIST.

DAY 5

"I will never step backward again – literally or figuratively.
It doesn't mean that I won't make mistakes or have regrets.
But I will choose to learn from my mistakes and move forward." ~ Tasha
In her book, **My Last Step Backward**, the title has a two-fold meaning. The last step Tasha ever took and will ever take, was backward through a trapdoor she never saw. Afterward, nothing was the same. But she's chosen to make her last step her life's motto - to never get bogged down in the past (whether past mistakes or something we couldn't have stopped). All of us must move forward. If we're smart, we learn from our past experiences. Are you stuck in the past? What can you do today to begin moving forward?

Read Romans 8:28

Pray: Father, help me to see how you are working and have been working in my life. Help me to see the past and not get bogged down by it, but rather help me to learn and grow from it.
Add three items to your GRATITUDE LIST and Read your list.
Thank God for His goodness and for the things you've listed.